

# Information Network for Sami Health

The aim is to ensure provision of care for Sweden's Sami population on equal terms. What challenges are there, and how can these be met by the health services? What do the Sami themselves say they need?

The *Information Network for Sami Health* project, which is being funded by the Swedish Ministry of Health and Social Affairs, aims to increase access to linguistically and culturally adapted health and social care.

During the project (2017-2019) the information network will:

**1. establish the state of Sami health and increase knowledge of Sami culture within the services** ... ... by means of training initiatives for politicians and staff on a regional and county council level. We use a variety of models for the various target groups and their care needs: workshops, seminars and e-training.

## 2. mobilise and develop Sami skills ...

... by involving Sami staff networks. Every region/county council is to draw up a plan for how Sami skills can be utilised by the organisation.

## 3. formulate a joint strategy for Sami health ...

... that increases access to culturally and linguistically adapted services. Dialogues with Sami, patients and healthcare personnel will be key to this process. Smaller pilot projects will be run during the course of the project.

## 4. suggest what work on Sami health might look like in future.

How should the information network be organised after the project has ended, and what should its role be? What might a future centre for Sami health look like?

The Information Network for Sami Health covers Region Norrbotten, Västerbotten County Council, Region Jämtland Härjedalen and Dalarna County Council. The network has a steering group and a political reference group consisting of representatives of regions/county councils, the Sami Parliament and Sami stakeholders.

Priority care areas for the entire project are primary care, child and adolescent psychiatry, adult psychiatry and geriatrics. Region Norrbotten, Västerbotten County Council and Region Jämtland Härjedalen already have an agreement for cooperation and joint procurement for mental health in Sápmi.

This agreement will be integrated into the work of the information network and means, among other things, that there will be a particular focus on joint initiatives for prevention of suicide and attempted suicide in the Sami population.

Would you like to know more about our work? Do you have experiences you would like to share with us? We would love to hear from you!

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